



Name: Dr. Poonam Panghal
Designation: Assistant Professor (Human Development)
Institution Name: S.S Jain Subodh Girls P G College, Sanganer Jaipur
Teaching Experience: 15 Years
Contact No.: 9166611016F-mail: hscsubodh011@gmail.com

▼ Objective

- Enthusiastic individual with excellent academic, organizational and interpersonal abilities and a passion for teaching.

▼ Academic Qualification

Sr.No.	Exam/Degree	Year	Board/University
1.	Secondary Examination	1995	CBSC
2.	Senior Secondary	1997	RBSC
3.	B.Sc.	2000	University of Rajasthan, Jaipur
4.	M.Sc. (Human Development)	2003	University of Rajasthan, Jaipur
5.	B.Ed.	2010	Maharaja Gangapur University, Bikaner
6.	Ph.D.	2009	University of Rajasthan, Jaipur

▼ Working Experience- 15 Years

Teaching from 2008 to 2010, Lecturer, Sardar Patel Mahavidyalaya Losal.

Teaching From 2011 till date, Assistant Professor, S.S. Jain Subodh Girls P.G. College, Sanganer, Jaipur

▼ Publications

1. Book / Book Chapter

Name of Book	Publisher	ISBN NO.	Year	Chapter No.
BOOK Author- Androgyny, Self Efficacy and Interpersonal needs	INSPIRA	978-81-945437-6	2020	-
BOOK Author- Covid-19 Invisible, Elusive and the advancing enemy (the 21 st century pandemic)	RBSC Publication	9789387972360	2020	-

Name of Book	Publisher	ISBN NO.	Year	Chapter No.
BOOK PROCEEDINGS Editor- New Normal in INDIA: Development & Dimensions	Shivam Book House	978-93-84524-57-9	2021	-
Chapter Published -New Normal in INDIA: Development & Dimensions	Shivam Book House	978-93-84524-57-9	2021	The role of Nutrition Challenges In Mental Health: COVID-19
Chapter Published- ManavAdhikarVimarshAlochhatnatmakPustak 1 st Ed.	Gugan educational& Social welfare society	9759389602036	2020	The Medical Termination of Pregnancy Act MTP and reproduction rights for women
Chapter Published-Indian culture literature and society.	SahityaSanchay, Kathmandu, Nepal,	ISBN:978-93-89809-68-8	2021	Cultural similarities of India and Nepal towards uniformity
Chapter Published- AahaarEvamPoshan	KaptanNetramsingh Charitable Trust	978-81-949980-9-9	2021	Lactation

NOTE-other upcoming books ,which are on ante-natal care and adolescent health, diet care are under publication by reputed publishers.

2.Paper Publications

Title	Journal Name	ISBN NO./ISSN No.	Volume	Page No.	Year
Abortion has adversely effect in women's health and life, their adjustment of rights	WAIMS (World Academy of Informatics & Management Science),	ISSN no 2278-1315. Impact factor-4.211	vol-9 Issue,	9107-9109	1st Jan - Feb, 2020
Education as the pathway towards gender equality	Our Heritage	ISSN : 0474-9030. Impact factor- 6.6	-68, Issue 67-		January-2020
Androgyny, Interpersonal needs as a	AIJRA	ISSBN 2455-5967. Impact factor3.3	Vol 1 ISSUE 11,	1-26,	2010

significant personality of youth					
Self Efficacy, Androgyny as a significant personality in Jaipur youth “	Nature and society	Impact factor -6.4			2010
Cultural similarities of India and Nepal toward uniformity	Bohalshodhmanjusha	ISSN: 2395-7115, Impact factor 3.811			
Self Efficacy: as a significant personality attributes in youth	Bohol ShodhManjusha , International peer reviewed/referred research journal	ISSBN : 2395-7115 , Impact factor 3.8111	Vol-11, ISSUE 111	pg. no -71-78	Jan - March , 2020
Balance Orientation:a study of and androgyny and interpersonal needs as significant personality traits youth in Jaipur	Psychology Journal BennialMeet	ISBN:978-93-83-462-92-6		702	July 11th to 15th 2004
Comparison of Androgynous personality traits in Indian and Japanese youth	BICON				2016
Education as the pathway towards gender quality	Our Heritage	0474-9030	Vol 68- issue-67		2020
Inclusive Education needs and scope: Measures to improve quality education in schools “	SAMBODHI	in volume - 44	ISSN- 2249 6661 impact 5.80	8-13	Jan-march ,2021
India as an educational hub for Nepal and impact of India’s	BohalshodhmanjushaSAMBODHI	VOL.17	23957115	85-92	June,2023

development assistance in Nepal education sector their challenge and opportunities					
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▼ Paper presentation in Seminar/ Conference/Workshop

1. International

Sr. No.	Title of paper	Name of Seminar/ Conference/Workshop	Year
1	Comparison on androgynous personality traits in India-Japan	International Conference BICON- India Japan International Conference on Rising India – Japan relation: transforming new strategic alliance	20-22, October 2016, Jaipur
2	Balance orientation: a study of and androgyny and interpersonal needs as significant personality traits youth in Jaipur	International conference 18th bi BELGIUM BennialMeet July	July 11th to 15th 2004
3	Purpose of Vedas: features of education OF Vedic period for modern education	International conference, on Vedic knowledge the highest contribution of aryavarta to the world	9th -11th may, 2020, Jalandhar, Punjab.
4	Cultural similarities of India and Nepal towards uniformity	Two days international conference on BhanuPratishthansinamangal, Kathmandu Nepal, SahityasanchyaShodh	29 th -30 November ,2020
5	Androgyny as significant personality attributes in youth	Asian South East International Regional workshop, Hatyai, Thailand ISSBD	27feb-1st march, 2017
6	Health and nutritional challenges in Covid -19	Multidisciplinary International Conference organised by SS Jain Subodh girls PG College, Sanganer	20 th March, 2021
7	Personality and consumer Behaviour	International Conference on Role of Commerce and management in achieving sustainable development goals	22th -23th october, 2021

Sr. No.	Title of paper	Name of Seminar/ Conference/Workshop	Year
8	Comparison of Androgynous personality traits in Indian and Japanese youth	India Japan International Conference on Rising India -Japan Relations Transforming New Strategic alliances	20-22,2016
9	Impact of climate change on human health	International Conference on sustainable Development and climate change :necessary for social welfare in human rights Era	15 th dec -16 th dec,2022
10	India as an educational hub for Nepal and impact of India's development assistance in Nepal education sector their challenge and opportunities	2 Days International Conference on India repal politics education ,literature and culture in a global perspectives Kathmandu Nepal	3-4 thjune ,2023

2. National

Sr.No.	Title of paper	Name of Seminar/ Conference/Workshop	Year
1	Traditional or Androgynous - an analysis youth to determine gender role orientation.	National Conference on strengthening society through gender equality and protection of child rights	11th to 12th January, 2019, Jaipur.
2	Important environmental problems in India and remedies "	seminar and wildlife exhibition department of zoology, University of Rajasthan	5th June 2014
3	The relationship between self-efficacy and academic performance in the context of gender	National seminar on excellence in higher education the road ahead	26th and 27th September, 2017 .
4	Importance of Human Health nutrition and Environment	National Workshop Environmental challenges, awareness and its solutions	20 th January,2018
5	Study on classroom and BehaviourManagement	National Seminar on REVAMOING EDUCATION SECTOR DIGITALLY	April 30,2021
6	The Role of Healthful and safe Academic School Environment	National Seminar on Way Forward for Empowered India National Education Policy 2020	2021
7	Environmental impact of Diet and Health	National seminar on Environment issues and sustainable development	26 th March,2022

8	AI and Gender Equality Unlocking gender bias in Artificial Intelligence	National seminar sponsored by ICSSR Sunstables India @75 Application of Artificial intelligence in multidisciplinary field	10-11 th , 2023
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▼ Awards and Achievements

1. International Award

<p>Honoured with TEACHING EXCELLENCE AWARD IZOR – Best Teacher Award</p> <p>on World Teachers Day, 2021, IZOR International Award</p>
<p>Honoured with Sustainable Cosmos as AMBASSADOR, UN's Sustainable Development Goals Green thinkers' organization India on 22, February, 2021</p>
<p>Honoured with BHANU NAV PRATIBHA SAMAN</p> <p>on research work in two days International Conference 29-30 November, 2021 Organized by Bhanu Pratishthan, Kathmandu, Nepal</p>
<p>Honoured with Rashtra Gaurav Samman</p> <p>Educational and Social Welfare Society at Arts College Auditorium, Osmania University Hyderabad - 31st Jan, 2023</p>
<p>Honoured with Guru Excellence Award</p> <p>By Guru Foundation, Rohtak, 2023</p>
<p>Honoured with Excellence in Education on Teachers Day</p> <p>was honoured to receive award by Education Minister OF Rajasthan- Shri Ghanshyam Das Tiwari at the 12th Principal and Teachers Award 2023 at Jawahar Kala Kendra, Jaipur on 2nd Sept, 2023</p>
<p>Honoured with Guru Nari Gaurav Saman</p> <p>By Guru Foundations Rohatak on the occasion of International Women's Day 2023, at National level date 5th March, 2023</p>
<p>Honoured with G.R. Nobel Award</p> <p>In the field of Education at International and National level, G.R.E.S.W.S., Bohal and Guru Foundation, Rohtak on 10 Sept, 2023</p>
<p>Honoured with Guru Shikshak Ratana Samman -2023</p> <p>In contribution of the field of Education and Research at National and International level in JRN Rajasthan Vidyapeeth, Udaipur on 10th Sept, 2023</p>

Honoured with **Dr.BhimRavAmbedkarSamajGoravSaman ,2023**

at National level for remarkable support in literature, education research writing and social work .

MEMBERSHIP

Board of member –Skil Development Vishvakarma skill University ,Jaipur,from 2023

Board of member Arpan SevaSanthan (Non-Government Organization) from 2018,Rajasthan

Board of member-Rrajasthan university Jaipur, department of homescience (syllabus formation)

Board of member -Rakesh Se. Sec. Public School, and Rakesh P.G. College, Pilani,Rajasthan

MEMBER OF Sustainable Cosmos Community member,-2021

Member ofISSBD-USA

Life Member of Vigyan Bharti Rajasthan

Consultant- Arpan SevaSanthan (Non-Government Organization) from 2018,Rajasthan

JurryMember –VidyanbhartiManthan, 2017

As **Delegate** in NSOIM, INDIA INTERNATIONAL SCIENCE FEST, 5th -6th, October,2018 at Lucknow

Jurry Member- NATIONAL SCIENCE DAY ,26-28 February,2018

Resource Person chaired a session in International Conference on VEDIC KNOWLEDGE,PCM SD COLLEGE forwomen, Jalandhar,9-10 and 11th May,2020

Facilitate as a Coordinator of **RED RIBBON CLUB** contributed in organizing the programme on the occasion of World AIDS Day by Rajasthan State AIDS Control Society ,jaipur,2022

Facilitate by **VilkaxlanaSamajSarathiRatan** contribution in the field of Education , Literature, social service by Haryana Govt. RotakHissar on 26thdec ember ,2023 Bal BhawanHissar.

Facilitate as **Red Ribbon Club** Coordinator by CMO Vijay singhfozdar, District Level Programme on National Girl Child Day on 24 january ,2023 by District Health Committee (PCPNDT Cell).

Appreciation as coordinator of **Fashions** for Remarkable contributions towards Skill Development Fashions and Design on Annual Day ,2023

2. National Award

Run / Ride for Teacher (IRON Academy) 5th to 6 th September, 2020 Jaipur
PARSATI PATRA for social service from KURJA ,2017
PARSATI PATRA - for Excellence service in Education on Annual ceremony of VishvesariyaNagar society, 2020, Jaipur
PARSATI PATRA – Best Teacher Award from SSJAIN SUBODH GIRLS COLLEGE,SANGANER, JAIPUR on Annual Day ,2019

▼ Orientation/ Refresher course

4-week Induction/ Orientation program Teaching Learning Centre,RamanujanCollege, University of Delhi 01 sept - 30 th September, 2020, Grade -A+
2-week Refresher course “Advance Research Methodology Tools and techniques “, Ramanujan College 01 Jan -14 Feb 2020 Grade-A+

▼ Others Achievements

- Project work on -Livelihood Enhancement through SHG Development in Bhim block of Rajsamand district.
Year from 2018, Arpan SevaSanthan (Non-Government Organization), Rajasthan
Written articles for local Newspaper

SOCIAL WELFARE ACTIVITIES-

(RED RIBBON CLUB –COORDINATOR)

- Organised State Level Dance Competition Theme – HIV AIDS on 14 thjanuary ,2021
- Organised State Level Drama Competition The Red Show Theme – HIV AIDS on 20 December .2023
- Organised World Record was set by downloading NACCO APP
- Organized Workshops(HIV AIDS AWARENESS)
- One Day Peer TrainingPrograms
- Quiz Competitions
- Poster Making Activities& Competitions
- Slogans on HIV AIDS
- Short Movie Competitions on HIV AIDS
- NukkadNatak
- Rally aAwareness
- Anemia Free Campus, Campaign
- Blood Donation Camps
- Plastic free AbhiyaanRally
- Organised Award Ceremony on World AIDS Day
- Health Checkup Camps
- Covid – Vaccination Camps

Healthy Diet Seminars

First AID training Programme

Seminar on Fatty liver, correct posture, and injury

Workshop on Organ Donation

RED SHOW on HIV AIDS

Red RUN- MARATHON

Interactive Session on Diet , GI CANCERS, maintaining healthy bone etc under the guidance of
RAJASTHAN AIDS CONTROL SOCIETY, JAIPUR

OTHERS –

- Executive Editor – Newsletter Pratibimb
 - Executive Editor – Prospectus
 - B .Design 4 years Degree Course(Coordinator) , Afilatted by Vishvakarama Skill University, Jaipur
- Admission Counselor
- Syllabus formation committee member of M.Sc/MA Home science at University of Rajasthan, Jaipur
 - External examiner for university examination and IIS University, Jaipur
 - Paper setter for university of Rajasthan
 - Participated in many National/ International conferences, workshop and seminars
 - Organizing Secretary of International Conference on New Development “Challenges and Dimensions “19th to 20 th March, 2021
 - IQAC- Member
 - Coordinator of the Skill Development Cell (Fashion & Design diploma Certificate Course)
 - Incharge of the Academic activities for the faculty of Arts
 - Excellent teaching record and student feedback from the institution.
- UGC stride sponsored Nine days online training program on ‘environmental sustainability and Research ethics ‘from 3 Feb, 2021 to 11THFeb, 2021 by the department of Human Development organised by Avinashillingam institute for home science and higher education for women, deem university Coimbatore, Tamilnadu, India
- Nine Days Online Training Programme on “Environmental sustainability and Research Ethics “Avinashiligam Institute for Home Science and Higher Education for women. (Department of Human Development & Department of Food Science, Nutrition UGC - Stride sponsored Coimbatore, Tamilnadu, 3rd February -11 February, 2021.
- Seven Day International Faculty Development program “Emerging Aspect of Research Methodology “UGC Pramash Scheme, Feb 1st to Feb 7th, 2021. Two-week FDP Libre office Suite Calc Training Spoken Tutorial project, Bombay ICT, MHRD, Govt. Of India

- Faculty knowledge sharing program on “pedagogical innovations and emerging perspectives in higher education “at IFCAI, University, Jaipur on July 13, 2018
- FDP, Knowledge sharing programmer on “Inter personal Excellence “at IBS, Jaipur.
- 1st to 7th International Faculty Development Program on Emerging Aspect of ResearchMethodology, atS.S.JainSubodh P.G. Autonomous College, Jaipur,2021
- One day International FDP on AI based proctoring in next generation education “by IQAC and school of computational science, Chennai on 23rdMay, 2020.
- Short-term course organized by international Institute of Organized research On student engagement through flipgrid on date 19th February, 2021.
- E- content development, 13thFebruary, 2021.
- Copyright and plagiarism 8th March,2021
- Google classroom and Google forms on 25th February, 2021
- Research tools on 13thMarch ,2021
- Screen recording tool on 18thMarch, 2021
- Collaborative learning through wakelet on 26thMarch,2021

▼ Subject Specialization

- Human Development

▼ Personal Detail

- Date of Birth:22-01-1980
- Marital Status: Married
- Father/Husband’s Name: Mr. Vikas Kumar
- Language Proficiency: English,Hindi

I hereby declare that all the information contained in this resume is in accordance with facts or truths to my knowledge.

Date:29-07-2022

Place: Jaipur

